

MIDDLE SCHOOL FAMILY AND CONSUMER SCIENCES

The Family and Consumer Sciences academic standards for Middle School FACS support the course description, which can be found at <http://www.doe.in.gov/octe/facs/middleschdef.html>.

Standard 1

MIDDLE SCHOOL LIFE AND CAREERS

Integrate multiple life roles and responsibilities in school, family, career, and community settings.

Exploring Self, Family, and Community: Analyze factors that impact self formation, including;

- ___ MS.1.1 Standards and ethics
- ___ MS.1.2 Goals, priorities, values
- ___ MS.1.3 Aptitudes, abilities, interests, motivations
- ___ MS.1.4 Roles, responsibilities, and life events
- ___ MS.1.5 Family, career, community, and global connections

Exploring Work: Explore factors that impact personal image and feelings of personal worth, including;

- ___ MS.1.6 Work and individual identity
- ___ MS.1.7 Work ethics and self-management

Exploring Careers: Investigate personal attributes, standards, goals, interests, and aptitudes as they relate to career concepts, including;

- ___ MS.1.8 Career clusters, career pathways
- ___ MS.1.9 Career research
- ___ MS.1.10 Career planning, four-year course planning

Decision Making, Problem Solving, and Critical Thinking: Accomplish tasks and fulfill responsibilities by using thinking and problem-solving processes, including;

- ___ MS.1.11 Decision-making and planning processes
- ___ MS.1.12 Choices, options, and consequences
- ___ MS.1.13 Evaluating information

Using Technology in Personal and Family Settings: Demonstrate skills to use technology and evaluate impact of change and innovations in school, family, career, and community settings;

- ___ MS.1.14 Technology integration throughout FACS units and topics

Standard 2

MIDDLE SCHOOL FINANCIAL LITERACY AND RESOURCES

Apply management practices to financial, personal, family, and environmental resources.

Identifying and Managing Resources: Identify and manage resources to provide for personal and family needs and wants, including;

- ___ MS.2.1 Personal and community resources
- ___ MS.2.2 Time management

- ___ MS.2.3 Consumerism
- ___ MS.2.4 Economics
- ___ MS.2.5 Planning for your future

Personal and Family Financial Literacy: Demonstrate skills to manage financial resources to meets personal and family goals, including;

- ___ MS.2.6 Budgeting, spending
- ___ MS.2.7 Banking and financial institutions, electronic banking
- ___ MS.2.8 Cash, checking, saving, and investing
- ___ MS.2.9 Managing credit

Caring for Resources: Demonstrate skills needed to care for personal and family resources, including;

- ___ MS.2.10 Reading use/care labels and manuals
- ___ MS.2.11 Care, repair, and storage of personal resources
- ___ MS.2.12 Clothing care, repair, stain removal, laundry

Caring for the Environment: Analyze resource consumption and apply conservation practices, including;

- ___ MS.2.13 Product selection and use
- ___ MS.2.14 Reduce, reuse, recycle

Standard 3

MIDDLE SCHOOL NUTRITION AND WELLNESS

Demonstrate nutrition, wellness, and food preparation practices that enhance individual and family well-being.

Nutrition: Evaluate nutrition choices and practices in a variety of settings, using reliable guidelines and sources of information, including;

- ___ MS.3.1 Dietary guidelines/MyPyramid
- ___ MS.3.2 Comparing food intake to recommendations
- ___ MS.3.3 Nutrients, nutritional analysis
- ___ MS.3.4 Nutrition labels
- ___ MS.3.5 Selecting foods at home and away

Food and Wellness Issues: Examine factors and issues that impact current and future health and wellness, including;

- ___ MS.3.6 Calcium for healthy bones
- ___ MS.3.7 Activity and exercise
- ___ MS.3.8 Food safety and sanitation
- ___ MS.3.9 Wellness issues (for example, obesity, eating disorders, cardio-vascular health)

Preparing and Serving Food: Demonstrate skills needed for preparing and serving foods, including;

- ___ MS.3.10 Laboratory/kitchen safety and sanitation
- ___ MS.3.11 Cooking terms, abbreviations, measurements
- ___ MS.3.12 Reading and using recipes

- ___ MS.3.13 Techniques and equipment for preparing and serving food
- ___ MS.3.14 Teamwork in the foods laboratory

Standard 4

MIDDLE SCHOOL HUMAN DEVELOPMENT

Demonstrate skills that promote positive growth and development across the life span.

Growing and Changing: Integrate factors that impact development of self-concept, including;

- ___ MS.4.1 Physical, emotional, and social development for early adolescents
- ___ MS.4.2 Coping with developmental changes
- ___ MS.4.3 Roles and responsibilities
- ___ MS.4.4 Dealing with a changing world

Caring for Children and Others: Demonstrate skills for positive guidance and care-giving of children and others, including;

- ___ MS.4.5 Understanding ages and stages
- ___ MS.4.6 Caregiver responsibilities
- ___ MS.4.7 Handling emergencies
- ___ MS.4.8 Keeping kids safe
- ___ MS.4.9 Nutritious foods for children
- ___ MS.4.10 Children's play and toys

Standard 5

MIDDLE SCHOOL RELATIONSHIPS

Demonstrate respectful and caring relationships in school, family, career, and community settings.

Leadership for Life: Demonstrate teamwork and leadership skills, including;

- ___ MS.5.1 Leadership skills and styles
- ___ MS.5.2 Assuming responsibility for choices and actions
- ___ MS.5.3 Taking risks, overcoming adversity
- ___ MS.5.4 Character/citizenship, service
- ___ MS.5.5 Diversity and multiculturalism
- ___ MS.5.6 Working in a group

Communication and Personal Presentation: Examine factors that contribute to positive relationships, including;

- ___ MS.5.7 Communication skills and styles
- ___ MS.5.8 Behavior, etiquette, and personal appearance for the occasion
- ___ MS.5.9 Conflict prevention and resolution

Quality Friendships: Analyze factors that contribute to positive relationships with peers, including;

- ___ MS.5.10 Choices and responsibilities
- ___ MS.5.11 Appreciating diversity

- ___ MS.5.12 Peer pressure
- ___ MS.5.13 Changing relationships
- ___ MS.5.14 Male/female relationships

Positive Family Relationships: Analyze factors that contribute to positive relationships with family members, including;

- ___ MS.5.15 Roles and responsibilities
- ___ MS.5.16 Family change
- ___ MS.5.17 Setting rules, compromising, cooperating

Personal Safety: Demonstrate skills needed for self responsibility and self protection, including;

- ___ MS.5.18 Refusal skills
- ___ MS.5.19 Physical, emotional, and sexual abuse
- ___ MS.5.20 Unexpected situations